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Republic of the Philippines

Mountain Province State University

Bontoe, Mountain Province 2616



Empowering Every Male and Female Student: *Mountain Province State University's Commitment to Gender-Inclusive Excellence through Mentorship, Coaching and Lifelong Learning*

MPSU's mentorship is gender-responsive and inclusive. Female students are actively encouraged to pursue excellence in fields where they are historically underrepresented, such as engineering, criminology, and leadership positions. Male students, meanwhile, are supported in developing communication, empathy, and teamwork skills—essential for education, healthcare, and service-oriented careers. This balanced approach aligns with Sustainable Development Goal 5 on Gender Equality, empowering both male and female students to pursue their ambitions without barriers.

Structured coaching programs further strengthen the capabilities of male and female students. Coaching helps learners master complex concepts, sharpen critical thinking, and apply knowledge in real-life scenarios. Industry professionals use interactive techniques, diagnostic assessments, and guided exercises to ensure students gain confidence in their skills and understanding of their chosen fields.

Mock board examinations are a key part of MPSU's comprehensive support system. These simulated exams replicate real licensure conditions, helping male and female students manage time, pressure, and expectations. Beyond academic preparation, mock exams foster a sense of unity and shared purpose. Male and female students encourage one another, share strategies, and celebrate collective effort. Faculty provide guidance and reassurance, emphasizing that success is built through collaboration and community spirit.

Equally important are review sessions, which consolidate knowledge and provide practical insights. Led by experienced male and female alumni, faculty, and professionals, these sessions demonstrate that success transcends gender. Students are inspired by stories of male and female graduates who have excelled in diverse fields, reinforcing that ambition and achievement are not limited by gender.

The combined impact of mentorship, coaching, mock exams, and review sessions goes far beyond academic performance. Male and female students develop resilience, confidence, and emotional intelligence, equipping them to navigate life's challenges and embrace opportunities with courage and integrity. Many graduates attest that MPSU's support not only helped them pass exams but also clarified their career paths and life purpose.

MPSU's approach reflects its alignment with the Sustainable Development Goals (SDGs). By integrating SDG 4 (Quality Education), SDG 5 (Gender Equality), and SDG 8 (Decent Work and Economic Growth), the university cultivates male and female professionals who value fairness, respect, and collaboration. Equal access to mentorship, coaching, and review opportunities ensures that all students—male and female—can reach their potential and contribute meaningfully to society.

The ripple effect of these programs extends beyond campus. Male and female graduates who benefited from mentorship often return as mentors, coaches, or speakers, perpetuating a cycle of support, equity, and bayanihan—the Filipino spirit of collective



effort. Each success story inspires others, showing that guidance, perseverance, and gender-inclusive opportunities transform dreams into reality.

MPSU's story is ultimately one of empowerment and human connection. Male and female students experience firsthand a university that believes in their potential and equips them with the tools, guidance, and opportunities to succeed, irrespective of gender. Faculty dedicate themselves to nurturing each learner, and students learn that true success is measured not only by exams but by integrity, service, and contribution to society.

Mountain Province State University continues to strengthen its programs with the goal of producing graduates who are competent professionals and compassionate, inclusive citizens. Every mentoring session, coaching activity, mock exam, and review lecture shapes male and female students into resilient, empathetic leaders who understand the value of equity, collaboration, and service.

Ultimately, MPSU measures success not merely in board ratings or employment outcomes but in the lives of male and female graduates and the communities they impact. The university is committed to an educational journey that empowers both men and women to succeed, serve, and create a society where equality, integrity, and excellence thrive together.

At MPSU, education is a shared journey. Male and female students learn that their education is not just a pathway to personal achievement but also a responsibility to uplift others, contribute to society, and foster positive change. Through mentorship, coaching, and guidance, both male and female learners gain the confidence, skills, and values to become leaders who make a difference.

#SDG 5 - Gender Equality

#SDG 4 – Quality Education



Mr. Treyshaun Charlie Cue -The Regional Standing Committee of Academics and Research, giving the guidelines (dos and don'ts) during the exam and the Implementing Rules and Regulation during the 1st day of the said event

